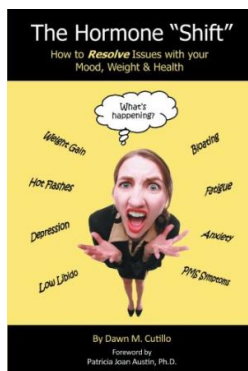


## The Hormone Shift: Using Natural Hormone Balancing for Your. Mood, Weight, Sleep Female Health



### Book Review

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