



## The 71f Advantage: Applying Army Research Psychology for Health and Performance Gains

By Paul Bartone, Ross Pastel, Mark Vaitkus

Createspace, United States, 2012. Paperback. Book Condition: New. 234 x 156 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is a book by and about military research psychologists-behavioral scientists who apply the principles and methods of psychology toward the goal of understanding and improving human health and performance in our defense forces. This group of specialists, along with their counterparts in the Army's sister Services and the many civilian research psychologists throughout the Department of Defense (DOD), forms a critical and essential core asset for our current and future national security. Since World War II, we have relied increasingly on research psychologists within DOD to design better and more efficient selection and classification tools and strategies, more effective training programs for military personnel, and improved leader development programs. In addition, these specialists have applied rigorous research methods to understanding the limits and capacities of human mental and physical performance in a range of demanding operational environments. Their work has provided much of the knowledge that has allowed senior national security leaders to design systems and policies that appreciate and capitalize on our human talent, rather than ignore or frustrate it. Some of this research relies...



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