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Healing the Wound: Recovering from Loss

By Ruthann Fox-Hines

Xlibris. Paperback. Book Condition: New. Paperback. 72 pages. Dimensions: 8.7in. x 6.0in. x 0.4in. HEALING THE WOUND is based on workshops Dr. Fox-Hines conducts for people who have experienced major losses in their lives whether those losses be the death of a loved one, the end of a relationship, the loss of a job, illness or injury that causes massive changes in one's life style, trauma such as rape that tears into our very beings. Dr Fox-Hines created the image of a wound as she dealt with her own grief and with clients' grief. Most people understand that wounds need several forms of care in order to heal. Often they do not know that our often invisible emotional wounds also need several forms of care in order to heal. This book takes the care needed for physical healing and shows how each of the steps in healing bodily wounds can be applied to often agonizingly painful wounds of the spirit. Each chapter in the book focuses on a specific aspect of caring for a wound: cleansing, applying ointment, bandaging, medication, stitches, rehabilitation and dealing with scar tissue. Wounds need to be washed. Emotional wounds need the cleansing of tears. Wounds need...



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