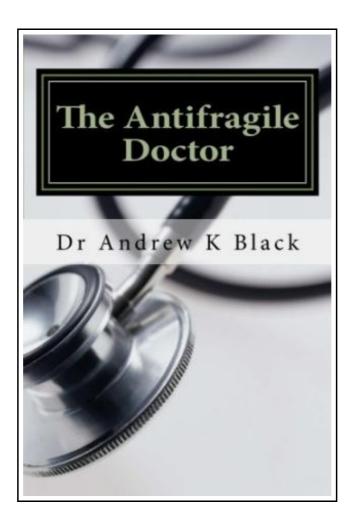
# The Antifragile Doctor: How to Survive and Thrive in the Modern Nhs



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#### Reviews

This book is really gripping and intriguing. it was writtern very perfectly and beneficial. I am easily will get a enjoyment of looking at a created ebook. *(Jaeden Stiedemann Sr.)* 

## THE ANTIFRAGILE DOCTOR: HOW TO SURVIVE AND THRIVE IN THE MODERN NHS

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. How do you cope with working in the NHS? How can you learn from your mistakes as a doctor? How can you minimise the stress of being involved with the NHS? Andrew Black explores these issues in The Antifragile Doctor , drawing on his 40 years of experience of working in the NHS. He tells stories that illustrate the problems that face health workers and their patients, and he gives inside tips on how to solve them. He argues that we can achieve post-traumatic growth from challenges, providing examples from real life. His approach is optimistic in tone, and his emphasis throughout is on achieving a combination of professional excellence and first-class service delivery in the NHS.

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